

counselling
meeting place
psycho-oncology
outpatient oncology rehab
research
employer coaching
inpatient care
prevention

Our services for you



krebsliga zürich
drehscheibe für krebsthemen

Your hub for cancer topics: The Zurich Cancer League

The diagnosis of cancer is shocking. It changes the life of the person affected and also that of his or her relatives and friends. Each year around 42 500 new people are diagnosed with cancer in Switzerland. In the canton of Zurich alone, around 7500 men, women and children are diagnosed with cancer every year.

The Zurich Cancer League is the contact point for those affected and for their relatives. It offers support and practical help. It fulfils the important task of providing personal advice and support to people affected by cancer and their relatives as well as psycho-oncological treatment of adults, adolescents and children. This complements inpatient and/or outpatient oncological care. Courses and events are offered at the "Turmhaus" Meeting and Information Center with the aim of preventing social isolation and strengthening positive resources. We also play a leading role in cancer prevention in the canton of Zurich and promote research at local institutes. The Zurich Cancer League is one of 18 cantonal and regional cancer leagues and is a member of the Swiss Cancer League.

The Zurich Cancer League is Zewo-certified.

**"The earlier you
get advice, the
better."**



We are transparent and responsible

The Cancer League is a non-profit organization. We finance our assistance and services mainly from donations, inheritances, bequests and membership fees. Without these contributions, the work we do for those affected and their relatives would not be possible.

The transparent handling of finances is important to us. We base our accounting on Zewo's strict specifications. **The donations that we receive are carefully used for the support of those affected, for prevention and research funding.**

Our accounting statements as well as a detailed income statement can be found on our website, [www.krebsligazuerich.ch/finanzen\(German\)](http://www.krebsligazuerich.ch/finanzen(German))



Cancer in the family: Thanks to donations, we provide early relief so that families can function as normally as possible.



“Our focus is on people. Above all, we remain committed to our clients and patients.”



Our vision

We are committed to a world in which ...

- › fewer people get cancer
- › fewer people suffer and die from the effects of cancer
- › more people are cured of cancer
- › long-term survivors receive targeted support and attention, and
- › those affected and their loved ones receive the best possible help and care at all stages of the disease and death.

Our services for you

Personal advice and support

We support affected people and their relatives with regard to property, family, finance and employment. In addition, we advise on the preparation of a living will "plus," based on patients' own wishes, where individual therapy goals for the illness can be specified. We can also arrange self-help groups on request.

Center for Psycho-oncology and Outpatient Onco-Rehab

Thanks to integrated psychotherapeutic support, those affected and their relatives find ways of dealing with the illness and regain their strength more quickly. Our ambulatory onco-rehabilitation programme supports recovery. Various measures are coordinated according to individual needs.

Meetings and courses

Our "Turmhaus" Meeting and Information Center is a joint project with the Winterthur Cantonal Hospital. Here, affected people are able to get in contact with other people who are in a similar situation. A varied range of courses, counselling and psycho-oncological support are also offered.

Employer coaching

Employers have a major influence on how and whether cancer-affected employees can continue working. We advise on in-house questions and promote continued employment.

Inpatient care

People who are seriously ill with cancer often want to experience the last phase of their life with family. We enable care at home and provide a nursing bed.

Prevention and early detection

We support and encourage the public to live a healthy life with targeted prevention and various offers.

Research

We sponsor selected research projects at the University of Zurich and at ETH Zurich.

Children and teens

Our Center for Psycho-oncology and Outpatient Onco-Rehab is also open to children with cancer. We offer holiday weeks and children's afternoons for young people affected by cancer.

We combine competence with compassion

As a hub for cancer topics, the Zurich Cancer League draws on its own expertise and complementary knowledge from our large network. It is thus possible for us to deal with the diverse needs that we encounter. Depending on the situation, we coordinate services and offers for those affected, their relatives, people interested in prevention and employers in a single entity.

mindfulness

We have over 60 years of experience and know what it means to be affected by cancer.

competence

We are specialists in the fields of social security and employment law, management, nursing, (psycho-oncological) psychotherapy for adults and children, sport, movement, occupational and physiotherapy, prevention and health promotion, nutrition and mediation.

evidence-based

We work in each of our fields on the basis of current knowledge and scientific findings.



networked

We remain networked with other specialist organizations and are integrated in a strong cancer league association.

reliable

We work according to business principles. Our finances are audited annually by an independent auditor.

positive

In supporting those affected and their relatives, it is important for us to give them access to positive resources. The work we do in prevention is also focused on positive knowledge transfer.

neutral

We never take sides. We are open to the individual needs of our clients, and our work is solution-oriented.

We offer time, space and advice

The Zurich Cancer League is a non-profit organization. We run a Business and Counselling Center with an integrated Center for Psycho-oncology and Outpatient Onco-Rehab in Zurich, as well as the "Turmhaus" Meeting and Information Center in Winterthur. Our employees are sensitive and empathetic professionals. Those affected and their relatives receive the time, space and advice they need to find answers and perspectives for the many challenges they face with cancer.

What we stand for:

› **The people who come to us are important to us**

You will receive considered expert advice regardless of your financial situation, your origin, age, religious background or belief system.

› **We are open to every topic**

We support those affected, their relatives, friends and professional colleagues in mastering everyday life with cancer and help them in managing its psychosocial consequences.

› **We treat every concern seriously**

We take the time to find the most suitable solutions for every individual situation.

› **The independence of those affected is central to us**

We promote personal resources and help to strengthen personal responsibility.

› **We are always close**

Our specialists are located in several counselling centers in the canton of Zurich.

› **We work in the present and look to the future**

We focus on the prevention and early detection of cancer. Therefore, we encourage the public in the canton of Zurich to live a healthy lifestyle.

› **We research the disease**

We promote cancer research in the canton of Zurich in order to improve the prognosis of those affected.

We're here for you

Zurich Cancer League

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www.krebsligazuerich.ch
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Would you like to support us through a **membership**? We would be delighted if you could show your solidarity with those affected and their relatives. You can register online or by telephone:
www.krebsligazuerich.ch/neumitglied.



Thank you for supporting our work through a **donation**. You can do this online at www.krebsligazuerich.ch/en or via our post office account: PC 80-868-5, IBAN CH77 0900 0000 8000 0868 5.



If you would like to support us as a **foundation, company, donor** or with a **legacy** or **inheritance**, Nathalie Padlina, Head of Major Donor, will be happy to advise you: nathalie.padlina@krebsliga.ch, 044 388 55 18.



If you would like to be informed about our activities, you can follow us on Facebook or subscribe to our newsletter:
www.krebsligazuerich.ch/newsletter.